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| **Igama lefayela** | **Iskripthi** |
| **Ikhasi loku-1** | |
| D\_HI.mp3 | Sawubona! Sizokubuza imibuzo ethile mayelana nesifuba sakho somoya nokuthi sikwenze wazizwa kanjani namuhla. |
| **Ikhasi lesi-2** | |
| D\_intro.mp3 | Sicela ukhethe impendulo eyodwa ephambili embuzweni ngamunye. Yenza konke okusemandleni ukuziphendulela ngokwakho. Uma udinga usizo ukuqonda umbuzo ungabuza kumuntu omdala. |
| **Amakhasi elesi-3 & 4** | |
| D\_Q\_01\_cough.mp3 | *(\*umsindo wokukhwehlela\*)* Bekunjani ukukhwehlela kwakho namuhla? |
| D\_A\_I\_Did\_Not\_Cough.mp3 | Angikhwehlelanga |
| D\_A\_A\_Little\_Bad\_Cough.mp3 | Bekukubi kancane |
| D\_A\_Bad\_Cough.mp3 | Bekukubi |
| D\_A\_Very\_Bad\_Cough.mp3 | Bekukubi kakhulu |
| **Amakhasi elesi-5 & 6** | |
| D\_Q\_02\_wheeze.mp3 | *(\*umsindo wokuhweza kwesifuba\*)* Bekunjani ukuhweza kwesifuba sakho namuhla? |
| D\_A\_I\_Did\_Not\_Wheeze.mp3 | Angibanga nokuhweza kwesifuba |
| D\_A\_A\_Little\_Bad\_Wheeze.mp3 | Bekukubi kancane |
| D\_A\_Bad\_Wheeze.mp3 | Bekukubi |
| D\_A\_Very\_Bad\_Wheeze.mp3 | Bekukubi kakhulu |
| **Amakhasi elesi-7 & 8** | |
| D\_Q\_03\_chest.mp3 | *(\*umsindo wokububuliswa ubuhlungu\*)* Ingabe isifuba sakho sibe buhlungu namuhla? |
| D\_A\_No.mp3 | Cha |
| D\_A\_It\_Hurt\_A\_Little.mp3 | Bekubuhlungu kancane |
| D\_A\_It\_Hurt.mp3 | Bukubuhlungu |
| D\_A\_It\_Hurt\_A\_Lot.mp3 | Bukubuhlungu kakhulu |
| **Amakhasi elesi-9 nele-10** | |
| D\_Q\_04\_breathing.mp3 | *(\*umsindo wokuphefumula kanzima\*)* Bekunjani ukuphefumula kwakho namuhla? |
| D\_A\_Easy.mp3 | Bekulula |
| D\_A\_A\_Little\_Hard\_Breathing.mp3 | Bekulukhuni kancane |
| D\_A\_Hard\_Breathing.mp3 | Bekulukhuni |
| D\_A\_Very\_Hard\_Breathing.mp3 | Bekulukhuni kakhulu |
| **Amakhasi ele-11 & 12** | |
| D\_Q\_05\_sports\_a.mp3 | *(\*umsindo wokuhefuzela\*)* Bekulukhuni kangakanani ukugijima, ukudlala noma ukwenza ezemidlalo namuhla ngenxa yesifuba sakho somoya? |
| D\_A\_Not\_Hard\_At\_All.mp3 | Bekungelukhuni nhlobo |
| D\_A\_A\_Little\_Hard\_Sports.mp3 | Bekulukhuni kancane |
| D\_A\_Hard\_Sports.mp3 | Bekulukhuni |
| D\_A\_Very\_Hard\_Sports.mp3 | Bekulukhuni kakhulu |
| D\_A\_I\_Did\_Not\_Any.mp3 | Angizange ngenze nakunye |
| **Amakhasi ele-13 & 14** | |
| D\_Q\_06\_sports\_b.mp3 | Kungani ungazange ugijime, udlale noma wenze ezemidlalo namuhla? |
| D\_A\_I\_Could\_Not\_Because\_Of\_My\_Asthma.mp3 | Angikwazanga ngenxa yesifuba sami somoya |
| D\_A\_I\_Just\_Did\_Not\_Do\_Any.mp3 | Angizange nje ngenze nakunye |
| **Ikhasi ele- 15** | |
| D\_HI\_END.mp3 | Umsebenzi omuhle! |